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## BIRTH DOULA CERTIFICATION REQUIRED READING LIST

In order for you to become certified with DONA International, you must read the latest revision of DONA International's Birth Doula Position Paper and at least five (5) of the latest published editions of the following books from the DONA International Birth Doula Required Reading List. A Statement of Completion form is included in the Certification Packet.

- **DONA International's Position Paper: *The Birth Doula's Contribution to Modern Maternity Care***

AND

**The following two books:**

- Klaus, Kennell & Klaus, *The Doula Book*
- Simkin, *The Birth Partner: A Complete Guide to Childbirth for Dads, Doulas, and All Other Labor Companions*

AND

**At least one of the following:**

- Kitzinger, *The Complete Book of Pregnancy and Childbirth*
- Simkin, Whalley, Keppler, Durham & Bolding, *Pregnancy, Childbirth and the Newborn: the Complete Guide*
- Douglas, *The Mother of All Pregnancy Books: the Ultimate Guide to Conception, Birth and Everything in Between* (U.S. or Canadian version)
- Whalley, Simkin & Keppler, *The Simple Guide to Having a Baby* (simple English version)

AND

**At least one of the following:**

- Harper, *Gentle Birth Choices: A Guide to Making Informed Decisions about Birthing Centers, Birth Attendants, Water Birth, Home Birth, Hospital Birth*
- Gaskin, *Ina May's Guide to Childbirth*
- Peterson, *An Easier Childbirth: A Mother's Guide for Birthing Normally*
- Goer, *The Thinking Woman's Guide to a Better Birth*

AND

**At least one of the following:**

- Mohrbacher, Stock & Newton, *The Breastfeeding Answer Book*
- Mohrbacher & Kendall-Tackett, *Breastfeeding Made Simple* (Available in the U.S. and Canada)
- Newman & Pitman, *The Ultimate Breastfeeding Book of Answers* (Available in the U.S.)
- Newman & Pitman, *Dr. Jack Newman's Guide to Breastfeeding* (Available in Canada)
- Huggins & Lawrence, *The Nursing Mother's Companion*