

To fulfill the childbirth education requirement by observing prepared childbirth classes, the following conditions must be met:

- Classes must be taught to a group of expectant mothers by a certified instructor from one of the programs indicated below
- The series of classes must consist of at least 12 hours of instruction time
- The certification candidate must observe the complete series of prepared childbirth classes
- The certification candidate may not attend as a class participant, but only as an observer
- The instructor must maintain active certification and recertification according to the schedule of her certifying organization. Those instructors who are affiliated with organizations that do not require formal recertification will only be approved for five (5) years after completion of their initial program.

DONA Approved Childbirth Education Organizations and Programs

- **ACBE** (Academy of Certified Birth Educators)
- **BACE** (Boston Area Childbirth Education)
- **Birth Works International**
- **Birthing From Within**
- **The Bradley Method of Childbirth**
- **Brio Birth**
- **CAPPA** (Childbirth and Postpartum Professional Association)
- **CBI** (Childbirth International)
- **CEA of NYC** (Childbirth Education Association of New York City)
- **Douglas College Program for Childbirth Education** (British Columbia)
- **Humber College** (Childbirth Educators Multidiscipline Certificate Program, Ontario)
- **Hypnobabies**
- **IBWP** (The International Birth & Wellness Project; formerly ALACE)
- **ICEA** (International Childbirth Education Association)
- **Lamaze International**