

## DONA-Approved Birth Doula Trainer Requirements

Requirements to become a DONA-approved Doula Trainer include:

1. Complete *Application for DONA Approval as a Birth Doula Trainer* to include:
  - Resume of experience, including education, employment and other relevant information;
  - Current DONA member;
  - DONA-certified doula, active status;
  - Successful completion of a DONA Doula Teacher Training Workshop;
  - Evidence of experience as a birth doula, having attended a minimum of 20 births;
  - Evidence of training (*having received formalized training in childbirth education and/or holding a certificate from a recognized childbirth educator training program*) and experience as a childbirth educator (*having taught a minimum of 10 complete childbirth preparations series totaling at least 60 classes and 120 hours, to groups (minimum of 4 expectant women) of expectant parents. Preferred: Currently certified, active childbirth educator (defined as having taught at least 1 series within the last 1 year)*);
  - Evidence of completion of required reading;
  - Three References
    - Character reference
    - Teaching reference
    - Caregiver reference
2. Complete *Application for DONA Approval of a Birth Doula Training Workshop Curriculum*;
  - Teaching agenda/schedule (including breaks) that verifies 16-60 minute (960 minutes) of instruction time;
  - Detailed course outline (see template for *Doula Training Curriculum*);
  - Titles, length and content of any videos or slide presentations to be used in course;
  - Description of how DONA's *Standards of Practice* and *Code of Ethics* will be conveyed to course participants;
  - A list of all training handout titles, submitting **ONLY** copies of non-DONA training handouts;
  - Description of any prerequisites required of participants before taking the course and evidence that non-professionals will be allowed to take the course;
  - List of referral sources in area where trainer is located;
  - Signed verification that trainer has read policies regarding DONA approval status.
3. \$150.00 Application Fee.

*DONA reserves the right to select, in its best judgment, those applicants who best represent DONA; uphold and value DONA's Mission, Vision, Code of Ethics and Standards of Practice; and meet or exceed all other requirements.*

Applications for Approval of a Birth Doula Curriculum and Approval as a Birth Doula Trainer will be provided at Doula Teacher Training Workshop.