

Requirements to attend a Doula Teacher Training Workshop

Requirements to attend a DONA Doula Teacher Training (DTT) include:

1. DONA Certified Doula (active status) in good standing
2. Trained* and experienced** childbirth educator
3. Experienced doula, having attended a minimum of 12 births providing labor support and no clinical care.
4. Current DONA member

**trained – defined as having received formalized training in childbirth education and/or holding a certificate from a recognized childbirth educator training program.*

***experienced – defined as having taught minimum of 10 CBE series (or 120 hours/60 classes); to groups of expectant parents (minimum of 4 expectant women, with or without partners per class). Preferred: Certified, currently active, defined as having taught at least 1 series within the last 1 year.*

Before registering for a scheduled DTT, your qualifications must be reviewed and accepted. You must meet all of the above requirements. To verify this you will be asked to submit

- Resume, indicating your educational and employment backgrounds;
- Evidence of experience as a childbirth educator (with dates and times of at least 10 class series, the number of participants, and a class/topic outline);
- Number of births attended as a doula (not as a nurse or midwife);
- Names and addresses of two references;
- Copy of a certificate, or equivalent, indicating attendance at a childbirth educator training, or certification as a childbirth educator;
- Copy of your certificate indicating DONA doula certification; and
- Proof of DONA membership.

You will be notified whether you have been accepted and can register to attend the teacher training.

DONA reserves the right to select, in its best judgment, those applicants who best represent DONA; uphold and value DONA's Mission, Vision, Code of Ethics and Standards of Practice; and meet or exceed all other requirements.

Birth Doula Teacher Training is valid for 2 years from the completion date of the Birth Doula Teacher Training Workshop (BDTT). Application for approval as a birth doula trainer and approval of a birth doula curriculum must be made within that 2 year period.