



---

**FORM P**  
**VERIFICATION OF ALTERNATIVE CONTINUING EDUCATION**  
**FOR RECERTIFICATION**

**FORM P: Observation of an educational film or documentary on pregnancy, birth, postpartum or a topic related to the role of the birth or postpartum doula.**

Points: 1 hour of viewing time = 1 alternative point  
Maximum 5 alternative points

Alternative continuing education may be obtained by observing an educational film or documentary offered by either an organization on DONA International's approved list or by other recognized organizations in a birth and/or parenting related field. One (1) hour of viewing time constitutes one (1) alternative point. For a film or documentary that is less than one (1) hour in length, you may combine two (2) or more educational films or documentaries to equal one (1) alternative point.

This form may be duplicated for additional film or documentary offerings. Retain a copy of this form for your files. Supply original to DONA International.

Complete the following information:

Title of Film: \_\_\_\_\_

Date  
Observed: \_\_\_\_\_

Producer of Film: \_\_\_\_\_

Length of Film: \_\_\_\_\_

Please attach a 300-400 word (typewritten) summary of what you learned from the film(s) or documentary(ies) and how it applies to your practice as a birth or postpartum doula.

Name of Doula: \_\_\_\_\_

Total Number of Alternative Points this form: \_\_\_\_\_  
(5 maximum)