

## **DONA-Approved Standard Trainer Requirements**

1. Complete *Application for DONA Approval as a Postpartum Doula Trainer* to include:
  - Resume of experience, including education, employment and other relevant information;
  - Successful completion of a DONA Postpartum Doula Teacher Training Workshop;
  - Certified DONA Postpartum Doula, active status.
  - Evidence of experience as a postpartum doula, having supported at least 20 families;
  - Evaluations from 5 clients and their partners or other adult support;
  - 200 Teaching or Support Facilitation/Leadership hours within the following categories:
    - Postpartum Doula Training
    - Childbirth Education
    - Issues of Postpartum Education/ Facilitation
    - Parenting Education/ Facilitation specific to the periods of the newborn and infancy
    - Breastfeeding Education/ Facilitation
    - Birth Doula Training
    - Nursing Instruction that relates specifically to birth and postpartum

All hours must be either in

  - Teaching classes (minimum of 4 participants or 4 couples per class, whichever applies) or
  - Facilitating/ leading a support group in this area (minimum of 4 participants per session).  
\*Trainer-candidate should be prepared to supply class lists, locations, and participant references from participants if requested by DONA.
  - If the Trainer-candidate is an experienced Postpartum Doula trainer, all 200 hours may come from that category.
  - If the Trainer-candidate is not an experienced Postpartum Doula Trainer, only 125 hours can be from any one of the categories listed above. The candidate must also have 75 hours in one or more of the other categories, proving her knowledge-base to be well-rounded.
  - Only 75 hours can be from support group facilitation/leadership. The remaining 125 hours must be as an instructor.
- Evidence of completion of required reading;
- Current DONA member;
- Three Letters of Reference
  - Character reference
  - Teaching reference
  - Caregiver reference
2. Complete *Application for DONA Approval of a Postpartum Doula Training Workshop Curriculum*;
  - Teaching agenda/schedule (including breaks) that verifies the minimum of 30 hours (1800 minutes) of instruction time;
  - Detailed course outline including objectives, outline, and teaching method;
  - Titles, length and content of any videos or slide presentations to be used in course;

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- Description of how DONA's *Standards of Practice* and *Code of Ethics* will be conveyed to course participants;
  - A list of all training handouts titles, submitting **ONLY** copies of non-DONA training handouts;
  - Description of any prerequisites required of participants before taking the course and evidence that non-professionals will be allowed to take the course;
  - List of referral sources in area where trainer is located;
  - Signed verification that trainer has read policies regarding DONA approval status.
3. \$150.00 Application Fee.

DONA reserves the right to select, in its best judgment, those applicants who best represent DONA; uphold and value DONA's Mission, Vision, Code of Ethics and Standards of Practice; and meet or exceed all other requirements.

Applications for Approval of a Postpartum Doula Curriculum and Approval as a Postpartum Doula Trainer will be provided at the Postpartum Doula Teacher Training Workshop.