

In This Issue

Feature Story

News Briefs

Educational Opportunities

Celebrating Our Members

16th Annual
DONA International Conference
August 5-8, 2010
Albuquerque, NM



Hotel Albuquerque
in historic
Old Town

Special savings for 2009 conference attendees...

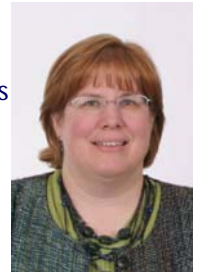
Save the date and anticipate the magic of a DONA International conference! 2009 conference attendees are eligible to save 15% off of the early registration conference fee by reserving your space now. To reserve your attendance at the next conference, a non-refundable deposit of \$50 is required. [Check the DONA Boutique for more information.](#)

If you were not able to attend in 2009 but are looking forward to 2010, you can still save 10% by [reserving your space now.](#)

Speaker Proposals and Exhibitor Prospectus

Dear DONA International,

I was so excited to meet so many international doulas at the DONA International Conference in Atlanta earlier this month. As you may know, four international doulas received a fellowship to come to the conference and take a birth or postpartum trainer workshop. We also had a number of other international doulas join us for the conference and some stayed for the trainer workshops also. It is so exciting that these women will be going back to their countries to work on a curriculum that may be approved by DONA International so they can teach DONA workshops in even more places! It is so exciting that DONA International is growing in so many areas.

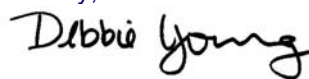


I just love going to conference to see all my old friends and make some new ones. I really get refreshed from all the wonderful learning and listening to people's stories. Although I won't be president next year, I plan to be in Albuquerque. I hope you will plan to come to that conference too. It is never too early to start saving those pennies and asking for flight or tuition money for birthdays and holidays! If you need help with your tuition, please apply for a Doula Spirit Fund scholarship next spring. Watch for the brochure and paperwork for that and the deadline.

School is starting up here again soon. I only have one of my five kids still at home. Whatever will I do? He is a wonderful boy, so caring and helpful, I'm sure he will give me plenty of hugs when I need them.

Hope your fall plans are shaping up. If they include any creative doula publicity or events, please let us know. It is fun to share!

Warmly,

A handwritten signature in black ink that reads "Debbie Young".

The deadline for speaker proposals for the 16th Annual DONA International Conference is October 15, 2009. Watch the DONA International [web site](#) for the 2010 Call for Speaker Proposals and the 2010 Sponsor/Exhibitor/Advertiser Prospectus to be posted by the end of August.

Visit the 2010 DONA International Conference [web page](#) often.

Quick Links...

[DONA International](#)

[DONA Boutique](#)

[2010 Conference Info](#)

Volunteer Opportunities DONA International needs you!

Board of Director positions that are currently open or that will soon be available are as follows. Visit the [web site](#) for detailed information.

~Director of Education
~Certification Director
~Latin America Director

International Development Committee

If you have lived outside of North America or have traveled extensively please consider participating in the DONA International Development Committee.

Feature Story

Atlanta embraced DONA International with true southern hospitality!

By Sunday Tortelli, CD(DONA)
Strongsville, OH

Economic issues did not dampen enthusiasm for the 15th annual DONA International conference in Atlanta, Georgia. With 322 passionate birth and postpartum professionals from all over the globe in attendance, the conference was a huge success! The Westin Peachtree Plaza offered panoramic views of downtown Atlanta and comfortable accommodations for learning, networking and resting. The scrumptious meals were commented on by a conference attendee!



The conference began with a Welcome Reception on Thursday evening at which exhibitors and conference attendees alike eagerly connected and got into the DONA spirit. Friday evening's Membership Meeting provided a behind-the-scenes glimpse of our organization's business side and the Sharing Circles that followed gave an opportunity for further networking as well as conversation with our Founders. On Saturday evening, light-hearted and good-natured entertainment culminated in an opportunity to dance the night away.

There is no doubt, DONA conferences are jammed full of educational and interpersonal opportunities! The pre-conference TENS workshop and post-conference birth and postpartum doula workshops and trainer workshops offered educational opportunities above and beyond the core conference. The variety of general and concurrent session topics provided something for those just beginning their journeys as birth and postpartum professionals to those with many years of experience under their belts. Speakers lightened our moods with laughter, implored us to consider issues more deeply, taught us something new and ultimately inspired and motivated us to continue on with our important work.

You won't want to miss this boost to your morale next year. Join us August 5-8, 2010 in historic Albuquerque, New Mexico and plan ahead for a trip to Boston, Massachusetts for the 2011 conference!

Extra! Extra!

News Briefs

Support birth legislature in the U.S.

U.S. doulas can become more politically active in supporting birth friendly legislation. Contact your senators and state representatives about the Medicaid reimbursement for birth centers [bill](#) and check out [OpenCongress](#).

The Big Push for Midwives Campaign in the U.S.

Visit the [web site](#) to find out more about this national campaign to license certified professional midwives and increase access to out-of-hospital

[Please inquire for more information.](#)

Please visit the [Get Involved](#) page on the web site to learn more about available volunteer positions.

Quick Tip

By Debra Geymayr, CD(DONA)
Coral Gables, FL

If a mother develops a fever, place cold cloths on her feet and the fever should subside in as little as 15 minutes. Bringing the fever down away from the head works for babies too!

Share your Quick Tip with us. If yours is chosen, you'll be rewarded with a gift certificate to the DONA Boutique. [Send Your QT!](#)

TomDoulery!

By Linda Koziol CD(DONA)
Hamilton ON

During one of my very first births, I placed one of the mother's feet at my waist and the doctor placed her other foot at his waist when she began pushing. Once the baby crowned, the doctor asked the nurse to raise the bed. The doctor is well over six feet tall and I am five feet tall. When the mother's feet began to hang over the side of the bed, everyone broke into laughter when the doctor announced, "OOPS, stop...I think we lost the doula!"

Share your funny stories with us. If yours is chosen, you'll be rewarded with a gift certificate to the DONA Boutique. [Send your TD!](#)



Penny is on YouTube!

Check out this [video](#) of Penny Simkin -- "Using Doulas for Birth Care," a production of Midwifery Today Birth Essentials.

Grant Opportunities

maternity care. If you agree with the campaign, sign the [petition](#).

Guidelines for induction

ACOG has revised their guidelines for labor induction. [See the press release.](#)

Stripping or sweeping membranes

The *Journal of Midwifery & Women's Health* prepared a handout on Stripping Membranes that may be useful for our clients. [Access it here.](#)

Other articles from the **Share With Women** series offered copyright free by the *Journal of Midwifery & Women's Health* can be found [here](#).

Mother's Advocate

A service of Injoy Birth & Parenting Education, Inc., Mother's Advocate is a [web site](#) providing free PDF print materials and videos on How to Have a Better Birth.

Fetal heart rate monitoring guidelines

ACOG revised their guidelines for interpretation of fetal heart rate tracings and clarified the terminology. [Read the June press release.](#)

VBAC babies are healthier than their elective repeat cesarean counterparts

Compared to babies born by VBAC, babies born after elective repeat cesarean have significantly higher rates of respiratory morbidity, NICU admission and longer length of hospital stay is the finding of a retrospective cohort study published in the June issue of *Obstetrics & Gynecology*. [Read it on Medscape.](#)

BirthMatters Virginia video contest winners

Winning videos were chosen out of 40 entries for short videos representing childbirth options and evidence-based maternity care. [Check out](#) the top three prize winners and finalists.



Educational Opportunities

Missed the conference? It's available for the listening!

You don't have to miss out entirely on the conference experience. Order 2009 DONA International 15th Annual Conference sessions on the Network Communications [web site](#).

Conference audio recordings for the 10th through 14th DONA International Annual Conferences can also be ordered. Find information on the DONA International [web site](#).

Earn recertification contact hours while listening to the general session recordings.

Hayek Fund for Scholars

Awards of up to \$1,000 given to graduate students and faculty members for career-advancing activities, including presenting at conferences, participating in career development or enhancing seminars, distributing published articles and submitting unpublished manuscripts. [Information available here.](#)

Draper Richards Fellowship

Opportunity for a U.S. based non-profit organization that is national or global in reach and social issue at the beginning of their development to receive their first major investment. [Access information here.](#)

Taproot Foundation Service Grants

Professional consulting services awarded to nonprofit organizations. Quarterly grant deadlines-September 1, December 1, March 1 and June 1. [Information available here.](#)

Thanks!

Thanks to all the volunteers, committee members and the Home Office staff who lent a hand before and during the 15th Annual DONA International Conference earlier this month in Atlanta, GA! Without their expert doulaing, the conference would not have gone as smoothly!

Keep sending items in to us [via e-mail](#). We appreciate the support and enthusiastic feedback that we have received about your *eDoula*.

New in the DONA Boutique!

"From Novice to Expert: The Five Stages of Doula Development" by Amy Gilliland, MS, CD(DONA), is a reprint of the popular five-article series published in the *International Doula* magazine from September 2007 to September 2008. [Order it here!](#)

eDoula Editorial Staff

Open Position, Newsletter Editor

DONA approved birth and postpartum doula workshops

For current birth and postpartum doula workshop listings, visit the [Find a Doula Workshop link](#). Workshop listings are updated frequently.



Congratulations to our newly certified postpartum doulas from May 1 to June 30, 2009:

CANADA: Alberta: Chantelle Bruins (Desert Blume), **UNITED STATES: North Carolina:** Cheryl T Orenge (Asheville), **Oregon:** Melissa Haskins (Portland)

Congratulations to our newly certified birth doulas from May 1 to June 30, 2009:

ARGENTINA: Sonia Cavia (Vicente Lopez), **AUSTRALIA:** Hsu-Yin Boo (Currumbin), **CANADA: Alberta:** Leanne Minhas (Calgary), Lisa Mackell (Edmonton), Lisa Zirk (Red Deer), Alana Schamber (Wetaskiwin), **British Columbia:** Amber Batke (Penticton), Rebecca Smaaslet (Prince George), Melanie Reinelt (Redstone), Susan Taylor (Surrey), Tracey Dahl (Surrey), Bethan Stewart (Vancouver), **Ontario:** Heather Guerette (Bright's Grove), Meredith Gobert (Chatham), Rosemarie Oechsli (Ottawa), **MEXICO:** Marcos Morales Ramos (Tuxtla Gutierrez), Emma Lopez Lopez (Durango), Monica Patricia Ochoa Schondube (Ocoyoacac), Erika Jordan Hernandez (Toluca), Laura Miranda Ferreyra (Toluca), Cinthya Zaras Lopez (Irapuato), Evangelina Ojeda Ruiz (Col Pedregal de Sn Angel), Mariana Laguarda Ruiz (Col. Olivar de los Padres), Ligia Victoria Feria Aranda (Cl de Valle), Harriet S Tolson Jones (Bahia de Huatulco), Gabriela Santaella Morales (Oaxaca), Paola Castillo Villamil (Chetumal), Maria de Lourdes Gonzalez Borges (Chetumal), Sara Maria Garcia Sanchez (Veracruz), Olga Regina Robles Sanchez (Guadalupe), **NETHERLANDS:** Nadine Van Loon (Groningen), **SOUTH AFRICA:** Chrissy Davies (Cosmo City), **UNITED STATES: Alaska:** Nicole Van Horn (Ketchikan), Elly Ostler (North Pole), **Arizona:** Amy Chisenski (Chandler), Merry Lynch Pavlak (Phoenix), Eileen Rayman (Tucson), Katja Joeckel (Tucson), **California:** Ronda Doyal (Los Angeles), Karen Glasgow (Los Angeles), Janet Hirsch-Ettenger (Malibu), Annemarie Russo (Palo Alto), Rebecca Foard (Santa Monica), Pam Schenone (Windsor), **Colorado:** Tammy Brannen-Smith (Loveland), Jennifer Lopez (Pueblo), **Florida:** Camile Gayle (Aventura), Connie Kern (Fort Lauderdale), Jennifer Kozlow-Rodriguez (Miami), Jacqueline Brown (Navarre), **Georgia:** Angie Reuter (Athens), Katheryn Imes (Atlanta), **Idaho:** Kyndal May (Eagle), **Illinois:** Elizabeth Giza (Moline), Meg Smith (Naperville), **Maryland:** Shayla Boyd-Gill (Bowie), **Massachusetts:** Jodie Castanza (Amherst), Kelly Bancroft (Great Barrington), Carolyn (Carrie) Dagnes (Weston), **Michigan:** Lucinda Molzan (Perry), Kristen Kurze (Warren), **Minnesota:** Fadumo Egal (Columbia Heights), Olga Lidia Salmeron (Minneapolis), **Missouri:** Kristina (Joy) Cunningham (Springfield), **Nebraska:** Dusti Godden (Omaha), **New Jersey:** Daria Zarczynska (East Rutherford), **New York:** Sharon Yeung (Brooklyn), Katherine Wilson (Brooklyn), Erica DeBie-Hunt (Burnt Hills), Bethany Whittelsey (New York), Tanya Wills (New York), Ruchi (Rachel) Cohen (New York), **North Carolina:** Natasha Gibson (Boone), Braden Henry

Sunday Tortelli, Director of Publications

(Bryson City), Mayari Virginia Waymouth (Candler), Linea Gwynne (Durham), Kathryn Watkins (Marshall), **Ohio:** Kezia Israel (Cincinnati), Heather Rohde (North Ridgeville), **Oregon:** Amanda Reilly (Bend), Karinda Woodward (Dayton), Alana Hull (Eugene), Kathryn Kuskie (Hillsboro), **Pennsylvania:** Brigid Grode (Camp Hill), Andrea "Aya" de Chellis (Pittsburgh), Amie Storm (Roseto), **Tennessee:** Lori Wade (Louisville), **Texas:** Emily Bessey (Austin), Melia Gordon (Austin), Tiffany Bartlett (Austin), Hannah Reasoner (Ft Worth), Kathaleen May (Haltom City), Sara Herbelin (Hewitt), Melissa Hentschel (Hickory Creek), Pauline Mills (Lubbock), Rebecca Newell (Wichita Falls), **Utah:** Aubrey Waldron (Eagle Mountain), Marie Johnson (West Bountiful), **Virginia:** Lauren Doyle (Woodbridge), **Washington:** Charmain Napper (Bremerton), Rozsika Steele (Ellensburg), Wisconsin: Erin Tenney (Ashland), Denise Mueller (Janesville), Emily Wright (Madison)

Congratulations to our recertified birth doulas from May 1 to June 30, 2009:

CANADA: Ontario: Sarah Stanford-Stogryn (Brighton), Stephanie Hayes (Tillsonburg), **UNITED STATES: California:** Carol Shattuck-Rice (Berkeley), Carolyn Wolfberg (Beverly Hills), Shirley Buzzoni (Redondo Beach), Judith Chapman (Santa Monica), **Connecticut:** Laura L. Rossignol (Broadbrook), Donna Docktor (Brookfield), Sivan Doron (Brookfield), **Florida:** Cengiz (Gigi) V de Rougemont (Hollywood), Gwendy Baldwin (Jacksonville), Ayasha Cooper (Miami), Helen B Moore (Navarre), Janet McIlroy (Neptune Beach), Candy Mueller (Palm Harbor), Bernadette D Clark (Port St. Lucie), Melissa Harley (Tallahassee), **Illinois:** Mary W. Fauls (Glencoe), Robi Vollkommer (Schaumburg), **Indiana:** Georg'Ann Cattelona (Bloomington), Sally Davis (Hobart), Paula K. Miller (Indianapolis), **Iowa:** Tammy Ryan (Bettendorf), Diane Wunderlich (Mason City), **Kansas:** Vanessa Flood (Olathe), Kim Riffel (Phillipsburg), **Kentucky:** Susan Kute (Louisville), **Massachusetts:** Kimberly J Packard (Sterling), **Michigan:** Kristin Hope Lacy (Farmington Hills), **Minnesota:** Francini Acuna-Fernandez (Minneapolis), **New Hampshire:** Holly Maher (West Lebanon), **New York:** Elizabeth Morrison (Greenport), Deborah Badran (New York), Roberta Post (West Hempstead), **North Carolina:** Donna Watson (Apex), Michelle McClafferty (Cary), Uta Mattox (Fayetteville), Doris Ann McMurray (Fayetteville), Terri Frid (Jamestown), Sharon A.P. Gante (Newport), **Ohio:** Deanna Cowan (Highland Heights), Danielle K Johnson (Reynoldsburg), **Oklahoma:** Amy E. Emerson (Jenks), **Oregon:** Sheri Pencille (Grants Pass), **Pennsylvania:** Salise Tressler (Greensburg), Ellen A. Felley (Philadelphia), **South Carolina:** Cassi Kilpatrick (Seabrook), **Washington:** Danelle L. Dodge (Gig Harbor), Susan Sherwood (Graham), Susan Bejarano (Vancouver)

Congratulations to our recertified postpartum doulas from May 1 to June 30, 2009:

CANADA: Nova Scotia: Trena Slaunwhite Gallant (Halifax), **UNITED STATES: California:** Emily Schaffer (Mill Valley), **New Jersey:** Doreen Maso (Green Brook)

Please forgive us if we missed your name! [Let us know](#) and we will be sure to include it in the next International Issue of eDoula.