

## In This Issue

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## It's not too early to start planning to attend!

- ~ Mark the calendar for these dates.
- ~ Set aside a portion of your doula fees from each client.
- ~ Plan a family vacation to coincide with the conference in the lovely city of Atlanta, GA.
- ~ Whether this would be your 1st or 15th DONA International conference, make it a priority to attend and start planning now!

### Speaker Proposals and Exhibitor Prospectus

The deadline for speaker proposals for the 15th Annual DONA International Conference is October 15, 2008. Watch the DONA International [web site](#) for the *Call for Speaker Proposals* and the *Exhibitor Prospectus*.

Keep abreast of current information on the 2009 DONA International Conference [web page](#)

## Quick Links...

Dear DONA International,

Dr. Phil wants to know if you are for homebirth or against it. I can almost hear many of you crying out your choice.

As a representative of DONA International, I have been writing some articles on the subject of the AMA resolution to ask for legislation to ban homebirth and any midwife except CNMs. See [US News and World Report](#), [ABC News](#) and [Epoch Times](#).

It is imperative that our organization take a stand not for or against homebirth but rather for our client's choices. Taking away safe options of place and caregiver is a step in the wrong direction.

While you may have strong opinions about where and with whom you would give birth, and so you may be for or against the resolution, you must set that aside when you are working to help your clients achieve their goals for their birth. Your goal will be to help them meet their goal. That will include their choice of the place and caregiver.

Separately, as a birth activist you can exercise your voice to make positive change in maternity care. That may include helping to keep these options open to the birthing community.

Thanks for looking out for your individual clients and the welfare of the families in your community.

Your sister doula,



## Feature Story

### Canada welcomed DONA International with arms wide open!

With capacity for only 400 registrants, the 14th annual DONA International conference in Vancouver, BC was a sell-out! The facilities at the Sheraton Vancouver Wall Centre Hotel were superb and all in attendance were comfortably housed, educated and fed. The city of Vancouver offered splendid vistas, eclectic shopping venues and mouthwatering foods from all over the world for those times when the conference was not in session.

[DONA International](#)

[DONA Boutique](#)

[2009 Conference Info](#)

## Volunteer Opportunities DONA International needs you!

### Board of Directors

Would you like to be a member of the Board of Directors? Check out the [Get Involved page](#) on the web site to find out how to apply for all available positions:

- ~ Treasurer
- ~ Director of Education
- ~ Director of Public Relations
- ~ Multicultural Director
- ~ Director of International Development
- ~ Director of Publications
- ~ Northeastern US Director
- ~ Midwestern US Director
- ~ Western Pacific US Director
- ~ Mexico/International Director
- ~ Eastern Canada Director

### Publications Committee

The *International Doula* has openings for a Managing Editor and Associate Editors. The *eDoula* Newsletter Editor position is also open. Contact the [Director of Publications](#) for more information.

### Certification Committee

Are you fluent in **Spanish**? The certification committee needs certified doulas to review birth doula certification packets written in Spanish. Qualifications include birth doula certification, familiarity with the certification process and excellent people skills. Please contact the [Director of Certification](#) for more information.

Please visit the [Get Involved](#) page on the web site to learn more about available volunteer positions.

## Quick Tip

By Marla Lukes, CD(DONA)

Two pre-conference workshops and post-conference birth and postpartum doula workshops and trainer workshops offered educational opportunities above and beyond the core conference. General and concurrent session speakers motivated and inspired doulas and birth providers of all sorts with a variety of important topics. It was not unusual to see clusters of people standing in the hallways following their sessions to further discuss what they just experienced, creating quite a buzz!

Here are just a few comments from the conference evaluations:

*"Hard core statistics to take back. My very favorite part of DONA conferences."*

*"This presenter was excellent. It was worth the whole trip to hear her speak!"*

*"Great, relaxed presentation. Love the international perspective!!"*

There were evening offerings, as well. Thursday's Welcome Reception was a fantastic way for everyone to unwind from their travels. The Membership Meeting on Friday night gave everyone an opportunity to learn about the inner workings of our organization, which was followed by Sharing Circles with our Founders. Saturday night's showing of *Orgasmic Birth* offered encouragement for us to view birth in all its glorious potential, which was topped off by a lively interactive discussion.

There is no doubt -- DONA International conferences are exciting! Don't miss the excitement next year. Join us August 6-9, 2009 in Atlanta, Georgia and plan ahead for a trip to Albuquerque, New Mexico for the 2010 conference!



### Three Models of Care brochure

Visit the Citizens for Midwifery [web site](#) for information and many resources, which can be useful for yourself and your clients, including the new brochure, Three Models of Care. It lists the Midwifery Model of Care, the CIMS Ten Steps of Mother-Friendly Care and the Lamaze Six Care Practices.

### Childbirth Connection releases *New Mothers Speak Out*

Childbirth Connection's Listening to Mothers series continues with a look at the postpartum experiences of U.S. women with children under 18 months old. Highlighted in the report are the physical and mental health challenges of new mothers; their breastfeeding experiences and the well-being of their babies; their relationships with husbands, partners and others; and their experience of transitioning to employment or staying home with their children. [Find it here.](#)

### Evenflo is WHO Code compliant

Evenflo Company, Inc. acknowledges that breastfeeding is best for mothers and babies and is now the first bottle manufacturer to meet its marketing obligations under the World Health Organization's International Code for the Marketing of Breast Milk Substitutes, which provides recommended marketing guidelines to support and encourage breastfeeding worldwide. [Read the press release.](#)

Fridley, MN

If a mother is short of stature and wants to labor on the toilet, she may cut off circulation if her legs do not touch the floor. Use two emesis basins or two urine catch hats turned upside down to place under the mother's feet for support.

*Share your Quick Tip with us. If yours is chosen, you'll be rewarded with a gift certificate to the DONA Boutique. [Send Your QT!](#)*

## TomDoulery!

By Molly Remer  
Rolla, MO

Explaining about a fat lizard he had caught, my son said, "It was really big, I think it must have been a daddy lizard." I said, "It could have been a mama lizard who was getting ready to lay eggs." He paused a moment and then said, "Well, I should have caught another lizard to put with her then." I asked why and he replied very seriously, "To be her doula."

*Share your funny stories with us. If yours is chosen, you'll be rewarded with a gift certificate to the DONA Boutique. [Send your TD!](#)*

## Thanks!

At this time we would like to recognize all of you who made our 2008 annual conference a success. In addition to our Conference Director, Nicole Wocelko, our Conference Committee and the British Columbia doulas, we sincerely appreciate all of the time and effort donated by each and every one of our volunteers. Thank you!

*Just do-ula it!*

PROFESSIONAL  
*Development*

## Educational Opportunities

### Study by listening

Looking to refresh your knowledge or learn some new information? Order 2008 DONA International 14th Annual Conference general and concurrent session recordings on the Network Communications [web site](#).

Audio recordings for the 10th through 13th DONA International Annual Conferences can also be ordered. Find information on the DONA International [web site](#).

Listening to general session recordings is a good way to earn continuing education credits for recertification.

### DONA approved birth and postpartum doula workshops

For current birth and postpartum doula workshop listings, visit the Find a Doula Workshop [link](#). Workshop listings are updated frequently.

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## Announcement

### Membership Fee Increase

DONA International individual membership fees will increase effective September 1, 2008 to cover the rising costs of running our organization, including postage and shipping, as well as overall inflation. A one-year membership fee will increase by \$5 to \$50 and a two-year membership fee will also only increase by \$5 to \$85. The two year membership fee represents a 15 percent savings over a one-year membership, so you will want to take advantage of this savings and renew your membership for two years! Fees have not increased since February 2006.

Group membership fees will also increase by \$5 to \$55, effective February 1, 2009.

As always, membership fees will be adjusted according to the International Fee Group Index, so please check the web site for information on fees for your country.

In the meantime, you can renew your individual membership early, before the increase takes effect, and keep your original expiration date! Renew [on-line](#) at the DONA Boutique or call the Home Office at (888) 788-DONA (3662).

*Welcome!*

CELEBRATING  
*Our Members*

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***Congratulations to our newly certified postpartum doulas from May 1 to June 30,***

Keep sending items in to us [via e-mail](#). We appreciate the support and enthusiastic feedback that we have received about your eDoula.

## eDoula Editorial Staff

Open, Newsletter Editor

Sunday Tortelli, Director of Publications

### 2008:

**CANADA: Alberta:** Maria Keirstead (Sherwood Park), **British Columbia:** Edith MacIver (Vancouver), **UNITED STATES: California:** Rindy White (Dixon), **Colorado:** Lia Closson (Fort Collins), **Florida:** Linda Ingram Davis (Perry), **North Carolina:** Phyllis D'Agostino (Winston-Salem), **New York:** Sharlene Aitcheson (Brooklyn), Gina Martoccio (Brooklyn), Madeleine Gran (Brooklyn), Jeannette Morgan (Shrub Oak), **Oklahoma:** Danielle Lugrand (Norman), **Texas:** Carla Harless (Odessa), **Washington:** Carolyne Speir (Carnation)

### ***Congratulations to our newly certified birth doulas from May 1 to June 30, 2008:***

**CANADA: British Columbia:** Marla Evans (North Vancouver), Jordanne Ruff (Prince George), Jill Simon-Sinclair (Richmond), Andrea Magnuson (Surrey), **Ontario:** Angela Stenback (Oakville), Stephany Donofrio-Leroux (Orleans), Fiona Creina (Thorold), Afshan Haq (Woodbridge), **JAPAN:** Mariko Yakushiji (Niiza), **PUERTO RICO:** Ana Maria Martinez Delgado (Bayamon), **UNITED STATES: Alaska:** Angela Davis (Fairbanks), Arizona; Kewal Khalsa (Phoenix), April Wiley Tucson), Desiree Powell (Tucson), **California:** Robin Allec (Apple Valley), Gail Barela (Carson), Melissa A. Hampton (Davis), Stacy Vogan (El Sobrante), Nancy Petrin (Kensington), Allison Sweat (Long Beach), Aimee Oswald (Los Angeles), Atoosa Benji (Los Angeles), Jessica Berman (Oakland), Irma Alvarado Martinez (San Francisco), Brenda Korbecki (San Marcos), Stephanie Knol (Whittier), Kathi Harris-McFarland (Woodland), **Colorado:** Heather Slazak (Fort Collins), **Connecticut:** Carolyn Kelly-Winter (Danbury), **District of Columbia:** Katie Daily (Washington), **Florida:** Diana Zacharin (Aventura), Leah Lane (Coral Gables), Arelina Williams (Valrico), **Georgia:** Michele Asa (Atlanta), **Hawaii:** Cindy Nugyen (Honolulu), **Illinois:** Tara Kato (Chicago), Suzanne Allmart (Evanston), Linda Campbell (Rockford), **Kansas:** Morgan Hagey (Manhattan), Lindsay Henderson (Salina), **Maryland:** Suzanne McGowan (Mt Rainier), Kelly Carlstrom (Parkton), Kellee McCluney (Takoma Park), **Michigan:** Sairy Jeanette Franks (Beulah), **Minnesota:** Sheila Holz (Farmington), Aisha Rosie Reyes-Cruz (Minneapolis), Ailyn Fernandez (Minneapolis), Angela Posine (St Paul), Nicolle Uban (Stillwater), **Missouri:** Brandie Olson (Lees Summit), Sarah F Coffman (St Louis), **Montana:** Abbie Phillip (Anaconda), **North Carolina:** Martha Draughn (Boone), Erin Luben (Durham), Jordan Swingle (Fort Mill), Gail Thompson (Pittsboro), **New Jersey:** Melani Bolyai (Hillsdale), **New Mexico:** Jessica B. Weed (Albuquerque), **New York:** Christine M Arabik (Bridgeport), Sarah Pancake (Brooklyn), Sasha Slocombe (Brooklyn), Tziporah Tauber (Monsey), Lanice France (New York), Casey Stewart-Lindley (New York), Marin Bach-Antonson (Nyack), Erin McManus-Goeke (Oakdale), Sharon Shebar (Wantagh), Danielle Vignone (White Plains), **Ohio:** Caroline Schleppi (Columbus), Diane Yantis (Troy), **Oregon:** Merka Martin (Bend), Caylan Wagar (Lebanon), Carissa L. Niemyer (Portland), Melanya Gonshorowski (Wilsonville), **Pennsylvania:** Heather Auxt (Mechanicsburg), Lisa J. Dribin (Narberth), Joyce Coles (North Braddock), Nicole Nordberg (Plymouth), Cinnamon M. Faulkner (Rankin), **Texas:** Katie Jo Dixon Blaboe (Austin), Michelle Pinkman Weston (Austin), Laura Marsh (Dickinson), Faith Ellis (Forth Worth), Sara Daun (Sachse), Nina Plummer (San Antonio), **Utah:** Dooli Jolley (Provo), Vanessa Kerr (Provo), Elisabeth Green (Saratoga Springs), **Virginia:** Sarah Winfrey (Fredericksburg), Sara Rountrey Berger (Richmond), **Washington:** Katie Bachand (Kent), Angela Howard (Puyallup), Jenna Noelke (Seattle), Danielle Ruthfield (Seattle), **Wisconsin:** Audrey Joyner (Bayfield), Mary Danz (Black Earth), Rhonda Koch (Plover), Vanessa Earhart (West Bend), **Wyoming:** Peggy O'Brien (Cheyenne), **Virgin Islands:** Faye John-Baptiste (Kingshill)

### ***Congratulations to our recertified postpartum doulas from May 1 to June 30, 2008:***

**UNITED STATES: California:** Kim Opferman (Oak Park), **New Jersey:** Jan Donaldson (Sparta)

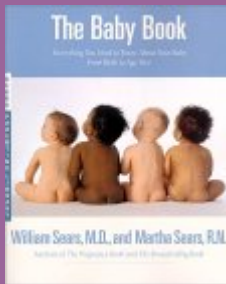
### ***Congratulations to our recertified birth doulas from May 1 to June 30, 2008:***

**CANADA: British Columbia:** Sharron Gibbs (Langley), **Ontario:** Julia Riley (London), Melissa Cowl (Loretto), **Quebec:** Ellen Lewis (Georgeville), **Italy:** Heather S. Turner (FPO), **UNITED STATES: Alabama:** Jamie J. Cordeiro (Mobile), **Arkansas:** Elizabeth Day

(Centerton), **California:** Connie Sultana (Rohnert Park), Rachel Hansen (Sacramento), Shelia Cochran Feldman (Winnetka), **Florida:** Dianne Jubb (Port Charlotte), **Georgia:** Tyra Jorgensen (Gainesville), **Illinois:** Julie A.C. Reams (Peoria), **Indiana:** Debra Rhizal (Goshen), Louise Albrecht-Mallinger (Munster), **Kentucky:** Nicole Aldridge (Louisville), **Louisiana:** Rene' P Johnson (Baton Rouge), Pamela Folse (Houma), **Maine:** Nancy Graves (Bar Harbor), **Massachusetts:** Virginia Lieblein (Sudbury), Joyce Kimball (Worcester), **Michigan:** Patty Brennan (Ann Arbor), **Minnesota:** Jill Worden (Litchfield), Willette Whitted (Minneapolis), Pati Kester (St Paul), **Missouri:** Phoebe McCarthy (Kansas City), Linda F. Renaud (Manchester), **North Carolina:** Sharon Beech (Cary), **New Hampshire:** Suzanne Greeley (Grantham), **New Jersey:** Sarah Skelton (Morris Plains), Debra Pascali-Bonaro (River Vale), Nevada: Nancy Ogan (Gardnerville), **New York:** Karen Goddard (Lancaster), Rachel Zucker (New York), Britt Sady (New York), Denise Smith (Pearl River), Colleen Bak (Ridgewood), **Oregon:** Debra Catlin (Cheshire), **South Carolina:** Ann Branham (Elgin), **South Dakota:** Marilyn Hildreth (Brookings), **Texas:** Ryka George (Austin), Amy Crofts (Kingwood), Emma McDonald (Rowlett), **Washington:** Barbara C. Decker (Edmonds), **Wisconsin:** Tiffany Vollrath (Oshkosh)

*Please forgive us if we missed your name! [Let us know](#) and we will be sure to include it in the next International Issue of eDoula.*

**DONA  
Boutique**



Print out and clip this coupon to save ten percent on your phone, fax or mail order of *The Baby Book: Everything You Need to Know about Your Baby from Birth to Age Two* by William and Martha Sears from the DONA Boutique while supplies last!

**Save 10%**

Visit the [DONA Boutique](#) for all your doula needs!

Offer Expires: August 31, 2008

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