
FORM C
ALTERNATIVES TO CONTINUING EDUCATION FOR RECERTIFICATION

In order to make recertification as available and affordable as possible, the following alternatives for all or part of the continuing education requirement are approved.

Attention: 1 alternative point = 1 contact hour. A total of 15 points and/or contact hours are required for recertification. A combination of these alternatives and formal contact hours from recognized organizations that provide contact hours for maternal/child health professionals may be accepted.

Documentation

Recertifying doulas using any of the following Alternatives to Continuing Education must complete enclosed forms that correspond to each of the following activities. It is recommended that you duplicate each form before use. Read the requirements on each form before use.

1. Attendance at an organized educational event not offering contact hours, or not sponsored by a recognized organization. Form F (1 contact hour = 1 point/maximum 5 points)

Documentation: • Certificate of attendance or verification of attendance form signed by instructor/administrator.

2. Give a presentation on doulas/labor support to a local hospital, birth center, parent's group, or doula group. Form G (2 points/maximum 4 points)

Documentation: • Doula provides DONA Certification Committee with a copy of objectives, outline and evaluations from presentation. DONA International does not supply evaluation forms. Doula must provide her own evaluation forms at presentation.

3. Independent study. Form H (1 point per book or article packet/maximum 5 points)

Documentation: • Synopsis of information contained in book/articles.

4. Observation of midwife, physician, lactation consultant, or doula working with clients. Form I (4 hours of observation = 1 point/maximum 4 points)

Documentation: • Verification of attendance form signed by midwife, physician, lactation consultant or doula, including number of hours.

5. Preceptor for doula-in-training. Form J (5 points per doula-in-training/birth/maximum 10 points)

Documentation: • Verification form completed by doula-in-training, client and recertifying doula.

6. Write, submit and have published an article in the *International Doula* or other recognized childbearing publication. Form K (4 points/maximum 8 points)

Documentation: • Photocopy of article with your by-line.

7. Attendance at a support group or meeting relating to the childbearing year or parenting. Form L (1 point per meeting/maximum 5 points)

Documentation: • Verification form (includes information such as number of people attending, topic covered, length of meeting, etc.) • Verification of attendance form signed by group leader/facilitator.

Created:

Last Revised: 3/23/2006

8. Listen to DONA International conference tape (General Sessions only). Form M (1 contact hour = 1 point/maximum 6 points).

Documentation: • Purchase tape from DONA International • Synopsis of information covered in tape. Not all conference tapes may be used for recertification purposes--General Sessions only.

9. Attendance at a DONA Approved Birth Doula Workshop taught by other than original trainer, OR a DONA Approved Postpartum Workshop. Form N (1 complete training = 15 alternative points).

Documentation: Verification form and certificate of attendance. Please note: If the workshop is a birth doula workshop, it must be taught by a different trainer than your original birth doula workshop.

SHOULD YOU NEED ALTERNATIVE CREDIT HOURS, YOU MAY DOWNLOAD THE PAPERWORK AT WWW.DONA.ORG, OR CONTACT THE HOME OFFICE.