



**Client Confidentiality Release Form**  
**Birth and Postpartum Services**

Due to current confidentiality regulations all doulas should have a signed release form from their client *before* taking any notes about them, their labor, birth or postpartum. The best way to be fully compliant would be to get this release signature at the first prenatal visit, or upon first meeting and joining the client.

Certification candidates should have this form signed before taking any notes. Clients should receive a copy of the form they signed, and the doula should have her copy with her at all times to be able to show that she is indeed complying with the confidentiality regulations if questioned.

**Confidentiality of medical and personal information obtained during the course of the doula’s work is of the utmost importance.** Failure to comply with these confidentiality regulations could result in penalties.

I, \_\_\_\_\_, at \_\_\_\_\_ (address),  
\_\_\_\_\_ (phone#), give my permission, for my doula, \_\_\_\_\_,  
to take notes about me, including personal information I choose to disclose to her, and  
information regarding my labor, birth and postpartum, as well as any information  
regarding my child/ren. I understand that this information may be used for the  
purpose of doula certification or recertification and will be shared with the  
Certification Committee of DONA. I realize that this information will be shared with  
the doula that is providing back up support. I also understand that this information  
will anonymously be used for the DONA Data Collection for statistical purposes, and  
that my doula may use this information to provide me with a summary for my own  
personal use.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_