

FORM C
ALTERNATIVES CONTINUING EDUCATION FOR
POSTPARTUM DOULA RECERTIFICATION

In order to make recertification as available and affordable as possible, the following alternatives for all or part of the continuing education requirement are approved:

Attention:

1 alternative point = 1 contact hour. A total of 18 points and/or contact hours are required for recertification. A combination of these alternatives and formal contact hours from recognized organizations that provide contact hours for maternal/child health professionals may be accepted.

Documentation:

Recertifying Postpartum Doulas using any of the following Alternatives to Continuing Education must complete the enclosed forms that correspond to each of the following activities. It is recommended that you duplicate each form before use. Read the requirements on each form before use.

1. Attendance at an organized educational event not offering contact hours, or not sponsored by a recognized organization. **Form F** (1 contact hour = 1 point/ maximum 5 points)
Documentation: Certificate of attendance or verification of attendance form signed by instructor/administrator.
2. Give a presentation on postpartum doula support to a local hospital, birth center, parents' group, bookstore, or doula group. **Form G** (2 points/maximum - 4 points)
Documentation: • Doula provides Certification Committee with a copy of objectives, outline and evaluations from presentation. DONA does not supply evaluation forms. Doula must provide her own evaluation forms at presentation.
3. Independent study. **Form H** (1 point per book or article packet/maximum 5 points) *Documentation:* Synopsis of information contained in book/articles.
4. Observation of lactation consultant or another PCD working with clients. **Form I** (4 hours of observation =1 point/maximum 4 points) *Documentation:* Verification of attendance form signed by lactation consultant or doula, including # of hours.
5. Preceptor for postpartum doula-in-training. **Form J** (5 points per postpartum doula-in-training /maximum 10 points) *Documentation:* Postpartum attendance Verification form Completed by doula-in-training, client and recertifying doula.
6. Write, submit and have published an article in a recognized parenting or local publication. **Form K.** (4 points/maximum 8 points) *Documentation:* Photocopy of article with your by-line.
7. Attending at a support group or meeting relating to the childbearing year , parenting, or other topic relating to the forth trimester period. **Form L** (1 point per meeting/maximum 5 points)
Documentation: Verification form Completed by participant and the Supervisor/Attending Doula

8. Listen to DONA conference tapes. **Form M** (1 contact hour = 1 point/maximum 6 points).
Documentation: Purchase tape from DONA and submit a synopsis of information covered in tape. Not all conference tapes may be used for recertification purposes.

9. Attendance at a DONA Approved Doula Training taught by other than original trainer. **Form N** (1 complete training =15 alternative points).

Documentation: Verification form and certificate of attendance. Please note: This training must be taught by a different trainer than your original doula trainer.

**SHOULD YOU NEED ALTERNATIVE CREDIT HOURS, YOU MAY DOWNLOAD
THE PAPERWORK**

AT WWW.DONA.ORG