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**FORM L**  
VERIFICATION OF ALTERNATIVE CONTINUING EDUCATION FOR  
POSTPARTUM DOULA RECERTIFICATION

**Attendance at a support group or meeting relating to the prenatal or postpartum periods.**

Points: 1 meeting = 1 alternative point  
Maximum of 5 alternative points

Alternative continuing education may be obtained by attending La Leche League, ICAN, bereaved parents, postpartum mood disorder, parents of multiples, or related support group/meeting. The group or meeting should be selected to enhance the postpartum doula's effectiveness and education.

This form may be duplicated for use at additional meetings. Retain form for your files. Supply to DONA if selected for an audit.

Complete the following information:

Name or type of meeting or group: \_\_\_\_\_

Date of attendance \_\_\_\_\_

Location \_\_\_\_\_

Time and length \_\_\_\_\_

Topics \_\_\_\_\_

Please attach a typewritten (if possible) brief statement explaining how attending this meeting/support group will assist you in your work as a doula. (50 words or less).

Name of support group facilitator/leader (please print or type) \_\_\_\_\_

Address \_\_\_\_\_

Phone: \_\_\_\_\_

Signature of support group facilitator/leader \_\_\_\_\_

Name of Postpartum Doula \_\_\_\_\_

Total number of alternative points this form:

1 per sheet/ 5 maximum