Birth Doula Certification
A visual to help you along the way...

Class Attendance/Bookwork

- **Workshop/Membership**: Attend a DONA International approved Birth Doula Workshop, taught by a DONA approved trainer. Now's also a great time to become a DONA Member and begin to receive support and member benefits!

- **Childbirth Education**: Observe comprehensive in-person childbirth education series OR attend an Intro to Childbirth for Doulas offered by DONA trainer OR training as a midwife or childbirth instructor or recent work experience as a nurse on L&D.

- **Breastfeeding**: Attend a Basics of Breastfeeding workshop/class or complete approved online course OR hold specific BF credentials.

- **Required Reading**: Read DONA Position Papers, and at least 7 books from 6 categories.

Standards of Practice (SOP) Code of Ethics (COE)

- **Birth Support**: After attending workshop and purchasing certification packet, provide support to several clients, choose three qualifying support experiences that meet the criteria.

- **Documentation**: Take detailed notes and carefully complete Birth Doula Support Record Sheets, corresponding to directions in the certification packet.

- **Evaluation**: Submit 2 good evaluations for each birth: 1 from the client, 1 from an attending birth professional (physician or midwife or nurse).

Self Study & Packet Prep

- **Business Webinar**: Watch one approved business themed DONA Webinar.

- **Resource List**: Research, compile and submit a list of local/area resources.

- **Essay**: Write and submit an essay about the Value and Purpose of Labor Support.

- **Written References**: Collect and submit 2 written references (forms provided): 1 from a client, 1 from a perinatal health professional.

Congratulations!

Be sure to use the checklist in the packet and to copy the entire application before mailing it to:
DONA International
ATTN: Certification
35 East Wacker Drive, Suite 850
Chicago, IL 60601