Postpartum Doula Certification
A visual to help you along the way...

Class Attendance/Bookwork

*Workshop/Membership
Attend a DONA international approved Postpartum Doula Workshop taught by a DONA approved trainer. Now’s also a great time to become a DONA Member and begin to receive support and member benefits!

Breastfeeding
Attend a Basics of Breastfeeding workshop/class or complete approved online course OR hold specific breastfeeding credentials.

Required Reading
Read DONA Position Papers, and at least 12 books from 10 categories.

Self Assessment
Complete initial and final Self Assessment Test.

*Note that some prerequisites are required to attend workshop.

Read & sign

Standards of Practice (SOP)
Code of Ethics (COE)

Postpartum Support

Support Experiences
After attending workshop and purchasing certification packet, provide support to several clients, choose three qualifying support experiences that meet the criteria.

Documentation
Take detailed notes and carefully complete Postpartum Doula Support Record Sheets, corresponding to directions in the certification packet.

Evaluation
Submit 2 good evaluations for each support exp. 1 from the client, 1 from a supporting adult.

Self Study & Packet Prep

Business Webinar
Watch one approved business themed DONA Webinar.

Resource List
Research, compile and submit a list of local/area and online resources.

Essay
Write and submit an essay about the value of postpartum doula support.

Written References
Collect and submit 2 written references (forms provided): 1 from a client, 1 from a perinatal health professional.

Congratulations!
Be sure to use the checklist in the packet and to copy the entire application before mailing it to:
DONA International, Attn: Certification,
35 East Wacker Drive Ste. 850
Chicago, IL 60601

DONA International
www.dona.org
Chicago, IL, USA