



FOR IMMEDIATE RELEASE

Contact: DONA International, Public Relations, publicrelations@dona.org ,www.DONA.org

DONA International Celebrates Twenty-Five Years Of Supporting Laboring Families

CHICAGO, IL (July 2017) – DONA International, known as the worlds largest and longest standing doula education and certification organization celebrates twenty-five years of supporting families in and after childbirth as part of this year’s annual conference, Cultivating Connections: It starts with us.

This July, DONA International members from all over the world are convening online and in their own local communities to celebrate the accomplishments of the role of the doula, and DONA International as an organization which include: doulas becoming a common part of the birthing and postpartum team; the word “doula” being added to the dictionary, clinical evidence supporting the benefits of doula support, The American College of Obstetricians and Gynecologist acknowledging doula support as a benefit to the health of birthing families, and much, much more.

DONA was founded by five of the foremost experts in childbirth in 1992, who recognized the research-based benefits of emotional support for mothers and their partners during and shortly after labor and delivery, and endeavored to share those benefits with the world. Today, a doula is defined as a trained professional who provides continuous physical, emotional and informational support to a mother before, during and shortly after childbirth to help her achieve the most satisfying experience. Countless scientific trials examining doula care demonstrate remarkably improved physical and psychological outcomes for both mother and baby, thereby positively impacting the wellbeing of the entire family.

For twenty five years, DONA International has promoted the highest quality perinatal support for birthing mothers and their families by setting the standard for doula education and training, and by advocating the research-based benefits of doula care.

Now, more than ever before, we have more families supported by doulas. With over 12,000 DONA Certified doulas in at least 56 countries, the role of the doula has expanded greatly since our founding in 1992.

This year, DONA International celebrates twenty-five years of the doula and our vision remains *a doula for every person who wants one.*

For more information visit www.dona.org.

#