



APPLICATION/AFFIDAVIT FOR POSTPARTUM DOULA RECERTIFICATION

Please print legibly and complete the form in its entirety

Form with fields: First and Middle Name, Last Name, Your Name for Web Site Referral Listing, Mailing Address, City, State/Province, Zip/Postal Code, Country, Referral Phone Number, Referral Email Address, Orig. Cert., Cert. ID No., Current Cert. Exp. Date.

- Checkboxes for: I purchased a six (6) month extension... I wish to receive referrals... I do not want referrals... Recertification Application fee... This signed Application/Affidavit... All Alternative Continuing Education forms...

Mail to: DONA International 35 E. Wacker Drive, Suite 850 Chicago, IL 60601-2106

Please read and attest to the following statements:

- Checkboxes for: I have completed at least eighteen (18) contact hours... I have maintained continuous membership... I am keeping for my records a copy of all the documents... I agree to retain all associated documents... I have once again read and agree to abide by the current DONA International Standards...

With my signature I verify that the above information is true and complete.

Signature of recertifying postpartum doula Date

Office use only:

Date rec'd: File No.: Membership Expiration:

APPLICATION/AFFIDAVIT FOR POSTPARTUM DOULA RECERTIFICATION
Page 2 – Chart of Contact Hours Earned

Please print legibly and complete the form in its entirety. Permission is granted to copy this form, as necessary

Recertifying Doula's Name: _____

Date(s)	Title or brief description of continuing education approved by a recognized organization in a perinatal, postpartum and/or early parenting related field	Approving organization	Number of contact hours earned
Total number of contact hours earned			

DONA Form A or B	Date(s)	Title / Brief Description of Alternative Continuing Education Option	Number of Alternative Contact Hours Earned
Total number of alternative contact hours earned			
TOTAL OF ALL CONTACT HOURS EARNED:			



FORM A
VERIFICATION OF ALTERNATIVE CONTACT HOURS
FOR BIRTH DOULA RECERTIFICATION

*Please print legibly and complete the form in its entirety. Use a separate form for each option.
No more than the maximum number of earned alternative contact hours allowed per option. Permission is granted to copy this form
as often as necessary.*

Use this Form A to verify contact hours earned through the alternative contact hour options listed below and outlined in further detail in the document, *Alternatives to Continuing Education for Recertification*:

- A-1 Give a presentation about doulas/postpartum support to a hospital, birth center, parents' group, postpartum mood disorder group or doula group
- A-2 Conduct an independent study of a book or article packet (consisting of five (5) research-based articles) from medical and/or nursing journals pertaining to the childbearing year, postpartum or parenting.
- A-3 Write, submit and have published a comparative or research article with references and a bibliography published as a feature story in the *International Doula* or other recognized childbearing, postpartum or parenting publications.
- A-4 Listen to a DONA International annual conference recording purchased from DONA International or the recording contractor. Only general sessions (not concurrent sessions) recorded during your current three (3) year certification period qualify.
- A-5 Observe an educational film or documentary related to the childbearing year or one specifically designed for birth or postpartum doulas produced by an organization on DONA International's approved list or by other recognized organizations in the field of birth or parenting.
- A-6 Complete an independent comparative self-study of two (2) books having diverse approaches, philosophies or methods on a topic related to the childbearing year or early parenting.
- A-7 Personal experience of adding an infant to your family by birth or adoption (six (6) months old or younger) during your current three (3) year certification period.
- A-8 Research and develop curriculum for a continuing education program and have it approved for contact hours by DONA International.

Alternative contact hour option: _____ Date completed: _____

Number of alternative contact hours earned for this option _____ out of a maximum allowable of _____

- I confirm that I have attached any and all required documentation in addition to this **Form A** to support the alternative contact hour option and outlined in the document, **Alternatives to Continuing Education for Recertification**.

Name of recertifying doula

Signature

Date

FORM B
VERIFICATION OF ALTERNATIVE CONTACT HOURS
FOR POSTPARTUM DOULA RECERTIFICATION

*Please print legibly and complete the form in its entirety. Use a separate form for each option.
No more than the maximum number of earned alternative contact hours allowed per option. Permission is granted to copy this form
as often as necessary.*

Use this Form B to verify contact hours earned through the alternative contact hour options listed below and outlined in further detail in the document, Alternatives to Continuing Education for Recertification:

- B-1 Attend an organized educational event for perinatal professionals not offering formal contact hours or not sponsored by a recognized organization
- B-2 Observe a lactation consultant or another DONA certified postpartum doula working with clients for a minimum of four (4) hours
- B-3 Serve as a preceptor for a postpartum doula-in-training
- B-4 Attend a support group or meeting relating to the childbearing year or parenting
- B-5 Attend an entire DONA approved postpartum doula workshop, taught by a trainer other than your original trainer, OR a DONA approved birth doula workshop
- B-6 Lead and facilitate a support group relating to the perinatal period, or a meeting for doulas and other perinatal professionals.

Alternative contact hour option: _____ Date completed: _____

Number of alternative contact hours earned for this option _____ out of a maximum allowable of _____

Verification to be signed by the instructor or administrator of an organized educational event; the lactation consultant or doula observed; the precepted doula-in-training; the support group meeting leader/facilitator/moderator; the DONA approved birth or postpartum doula trainer; or a support group or meeting participant. The signators may be contacted for verification.

Name and position/title	Signature	Date
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E-mail address	Phone number
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- I confirm that I have attached any documentation in addition to this **Form B** required to support the alternative contact hour option and outlined in the document, **Alternatives to Continuing Education for Recertification**.

Name of recertifying doula	Signature	Date
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