

Due to current confidentiality regulations all doulas should have a signed release form from their client **before** taking any notes about them or their birth or postpartum. The best way to be fully compliant would be to get this release signature at the first prenatal visit, or upon first meeting and joining the client.

Certification candidates should have this form signed before taking any notes. The client should receive a copy of the form they signed, and the doula should have their copy with them at all times to be able to show that she is indeed complying with the confidentiality regulations if questioned. **Confidentiality of medical and personal information obtained during the course of your doula's work is of the utmost importance.** Failure to comply with these confidentiality regulations could result in penalties.

I, \_\_\_\_\_(name), at  
\_\_\_\_\_(address),  
\_\_\_\_\_(phone #), give my permission for my doula,  
\_\_\_\_\_, to take notes about me, including personal information I choose to disclose to them, and information regarding my labor, birth and postpartum, as well as any information regarding my child/ren. I understand that this information may be used for the purpose of doula certification or recertification and will be shared with the Certification Committee of DONA International. I realize that this information will be shared with the doula that is providing backup support. I also understand that this information will anonymously be used by the DONA International Data Collection Committee for statistical purposes, and that my doula may use this information to provide me with a summary for my own personal use.

Signature:

Date: