**REQUIRED READING: TWO PAPERS AND FOUR BOOKS**

The required reading for certification includes two (2) DONA International Position Papers and four (4) books. You will read *The Birth Partner* and choose one book from Groups A, B, and C for a total of four (4) books. For each book, write three-to-five (3-5) sentences about your take-aways. This should be a personal reflection, what you learned or how you plan to use this book in your work, not a restatement of the book’s topic or content.

Find the Positions Papers in the Resource Library at [https://www.dona.org/the-dona-advantage/resource-library/](https://www.dona.org/the-dona-advantage/resource-library/) or in your Birth Doula Workshop Manual. All books on the required reading list are available in print or e-book unless otherwise noted. Books available as audiobooks are marked with asterisks (**`).

**Two Papers:**

1. DONA International (2016). *Position Paper: The Birth Doula’s Role in Perinatal Care*

2. DONA International (2016). *Position Paper: The Postpartum Doula’s Role in Perinatal Care*

**Four Books:**


2. **Group A.** Choose one (1) of the following books:

3. **Group B.** Choose one (1) of the following books:
   - Davis-Floyd, R., et al. (2019). *Birth in Eight Cultures: Brazil, Greece, Japan, Mexico, the Netherlands, New Zealand, Tanzania, United States.*
   - Rosswood, E. (2016). *Journey to Same-Sex Parenthood. (Available in print only)*

4. **Group C.** Choose just one (1) book from a special interest topic. You may choose a book on this list or another book that informs on your community or practice. If you choose a book that is not on this list, include an assessment of whether or not your chosen book aligns with the DONA International model of care in your written take-aways:
• Birth Planning

• Business/Motivation

• Doula History

• Perinatal History
  ▪ Amnesty International. (2010). *Deadly Delivery: The Maternal Healthcare Crisis in the USA* (Available as a PDF download on amnesty.org.)

• Anti-bias, systemic racism, and cultural awareness

• Lactation
• Postpartum

• Difficult or Traumatic Birth
  ▪ Rosewood, R. (2013). *Cut, Stapled and Mended: When One Woman Reclaimed Her Body and Gave Birth on Her Terms After Cesarean.* (Available in print only)