

# 2023 Member Seminar Topic Schedule

<b>March 22<sup>nd</sup>, 2023 Speakers and Topics Hosted by Tomesha Walker &amp; Laura Gonzalez</b>	
Emily Anderson	NICU experiences
Jennifer Carr	Working with Interpreters: Meeting the Needs of LEP Clients
Zula Price	Science of Nurses' Implicit Bias
Laura Gonzalez	VBAC (in Spanish)

<b>April 6<sup>th</sup>, 2023 Speakers and Topics Hosted by Karen Kelly</b>	
Karlecia (Kay) Wright	The History and Evolution of Black Women in Birthwork - Barriers and Bridges to Change
Ashley Makan	Birth Psychology: How our Nervous Systems and Birth Experiences Create a Ripple Effect in Our Communities and Culture
Faisa Farole	Immigrant and Refugee Clients Experiences and Needs

<b>May 4<sup>th</sup>, 2023 Speakers and Topics Hosted by Katie Rice</b>	
Penny Stansfield	Foundations for Health: Optimizing Baby's Gut Microbiome.
Teri Nava-Anderson	Writing Great Guided Meditations
Jessica Faulkner	Adoption and Surrogacy through An Unbiased Lens

<b>June 15<sup>th</sup>, 2023 Speakers and Topics Hosted by Shereen Zarroug</b>	
Maria Andreoulaki	Support for Resilience: Listening, Discharging, Recharging
Davon Crawford	Improving Community Access through Doula Mentorship
Atoosa Benji	Preeclampsia and the Role of the Doula

<b>July 22<sup>nd</sup>, 2023 Speakers and Topics Hosted by Lexi Zuo &amp; Esther Kimani</b>	
Maggie Shamatta	The Importance of Mindfulness and Effective Communication Skills in Cross-Cultural Settings for Doulas and the Families They Support
Shirena Smith	The Risks of Having Too Much P.I.E.
Toni Curtis	Supporting Surrogacy

<b>August 19<sup>th</sup>, 2023 Speakers and Topics Hosted by Ebonie Bailey &amp; Myla Perry</b>	
Kair-Ann Leadbitter	Witnessing - Indigenous Birth Experiences
Sheree Sophas	Metaphysical Causations and Pregnancy: How our thoughts impact our birth experience
Liz Turner	Support of Incarcerated Individuals - The Doula's Role

September 26 <sup>th</sup> , 2023 Speakers and Topics Hosted by Tasha Cofer	
Marcie Hadley	Intimate Partner Violence
Chantal Traub	2nd Stage Labor and the Pelvic Floor
Felicia Curtis	Bias and Microaggressions in the Doula Community